

COOKING @ T118

Method: Dutch Oven -Pineapple Upside down Cake

Heat –Charcoal with Charcoal chimney

Utensils: disposable baking pan, Dutch oven

Food: pineapple upside down cake

Water Need: moderate-cleanup

Food Storage: cooler for eggs

Cleanup: wash utensils, rinse oven-no soap
Pack out garbage

Timelines

Meat	desert
	prepare coals
	melt butter
	5 min
	mix ingredients
	25-30 min

Shopping list Grocery Store

Ingredients		total qty
Butter	1 stick	
Brown sugar	1 cup	
Pineapple sliced	20 oz can	
Maraschino cherries	1 jar	
Cake mix- yellow	1 box	
Eggs- per cake mix	see mix	
disposable 8 x 8 pan	one	
plastic grocery bag	save	

Jobs

start charcoal	
Build Fire	
Cook + Cleanup	
Fire out	
Trash collection	

In Campbox

Foil
knife
flat plate/cutting board
medium pot

Briquettes per temperature

	325° F	350° F	375° F	400° F	450° F	425° F
Total	23	25	27	29	31	33
Top	16	17	18	19	21	22
Bottom	7	8	9	10	10	11

Dutch Oven- Pineapple Upside Down Cake

½ cup butter= 1 stick

1 cup brown sugar

1 (20oz) can pineapple slices

Juice of pineapple + enough water to make 1 ¼ cups

Maraschino cherries

1 yellow cake mix

3 eggs or per cake recipe

1. Place four small rocks in Dutch Oven to support baking pan
2. Begin to heat oven
3. Wash Hands
4. In 8 x 8 disposable baking pan, melt ½ cup butter
5. Sprinkle brown sugar evenly in bottom of pan
6. Arrange pineapple slices in even layer to cover pan bottom
7. Place a cherry in center of each slice
8. In medium pan combine cake mix eggs and extra juice and water.
9. Stir for 2 minutes
10. Carefully pour cake mixture over slices in pan
11. Replace Dutch oven lid
12. cook 25-30 minutes @350° F
13. 18 coals on top, 6 on bottom more heat on top for baking
14. When cake is done (toothpick size stick comes out clean) remove oven from coals and carefully lift out pan. Let cool a few minutes
15. Place plate on top of cake pan- Turn upside down and remove pan
16. Cut cake and serve

Tip

1. To save clean up. Line the medium pot with a plastic grocery bag before starting cake mix. After batter has been poured in pan, squeeze out last mix and put empty bag in trash= no pot to clean.